### Agnieszka Deptula

Certified Beauty Therapist, Massage Therapist and Reiki practitioner

### About Agnieszka

Your experience with Agnieszka will take you way beyond the beauty of healthy, glowing skin. Using carefully selected marine products to suit individual skin types, Agnieszka combines proven beauty therapies and massage to allow the face, jaw and body to relax.

Deep relaxation allows your inner beauty to get to work with extra blood and lymph flow helping to remove toxins and absorb potent nutrients.

You will feel beautiful inside & out!

### Contact

All About Health Aldinga

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healingbytouch



# Healing by Touch

Massage, Deep Relaxation & Skin Therapy

# **Massage Therapy**

#### For your Body and Soul

Healing and rejuvenating whole body massage therapy.

1h 15min \$99

#### For your Mental, Physical and Emotional Wellbeing

Back, neck, shoulder, head and feet massage therapy (using certified pure therapeutic essential oils).

1h 15min \$130

#### **Volcanic Hot Stone Deep Relaxtion**

Pain and stress relieving, deeply therapeutic and cleansing massage therapy for your whole body.

1h 30min \$140

#### Back, Neck, Head and Shoulder Massage

For your wellbeing.

40min \$60



## Skin Therapy Treatments

#### **Cleansing and Remineralising**

For your skin health, using beautiful and soothing Algologie marine product from the sea.

1h \$110

#### **Deeply Relaxing**

Holistic approach design for your skin type and needs. Hands, face, head, decolletage massage included.

1hr 30 mins \$140

#### **Gentle Enzyme Peel**

Skin showing any signs of premature aging, recent scaring or those wanting instant skin refining.

1hr \$130

#### Microdermabrasion Skin Polishing Therapy

Instant skin exfoliation. This treatment aids in reducing the effect of sun damage, pigmentation, fine lines and wrinkles. Providing the skin with a soft, smooth and more luminous appearance. **1hr \$130** 

#### **Microneedling Skin Rejuvenation**

1hr \$149

### Massage & Skin Therapy Packages

#### Healing and Rejuvenating

Whole body massage with cleansing and remineralisation facial therapy.

1h 45min \$199

#### Volcanic Hot Stone Deep Relaxation

Massage therapy with cleansing and remineralisation facial therapy.

2h \$240

#### For your Mental, Physical and Emotional Wellbeing

Massage therapy using pure therapeutic essential oils and deeply relaxing holistic facial therapy.

2h 30 mins \$265

## **Brows & Lashes**

| Lash tint          | \$25 |
|--------------------|------|
| Brow tint & wax    | \$35 |
| Brow design & tidy | \$30 |
| Henna Brow Pack    | \$59 |